THE IGF CONVERSATION: EMBRACING THE ENVIRONMENT

AM 10











Foreword



This will be the Invictus Games Foundation's twelfth iteration of The IGF Conversation; an event which is designed to promote the sharing of best practice on a range of relevant subjects within the Invictus Community through a combination of either online webinars and/or in person symposia. The intent is to encourage the exchange of views through informal discussions based on panels of relevant experts and Invictus Alumni including families, rather than formal presentations. The key audience is the Invictus Community of Nations, their competitors, families and team staff, as well as the wider Invictus Community comprising of visitors and VIPs.

We have a very impressive line-up of speakers spread across three panels who will be exploring a variety of themes tailored to this unique evolution of the first winter-hybrid Invictus Games. We will be hearing from veteran Hari Budha Magar MBE, the first double above the knee amputee to summit Mount Everest alongside Professor and psychologist Dave Collins, who will be discussing how individual trauma can in fact be the catalyst to pushing one's boundaries and exceeding all expectations. Hari will share his attitudes towards positive risk-taking and notably, the benefits of the outdoor environment on both his physical and mental state when taking on his expeditions.

We will then turn to the Host City perspective and hear from the Deputy Minister of Veterans Affairs Canada, Paul Ledwell to be part of a 'call to arms' for the Invictus Community touching on themes such mental health, suicide and provision of support to families, a central component of the Invictus Games Foundation's activity.

The event will end with a discussion around Accessibility featuring, Rick Hansen CC OBC, Founder of the Rick Hansen Foundation which strives to create a world without barriers for those living with disability alongside Michelle Stilwell, six-time Paralympic Champion and Politician. Joining these two will additionally be Sian Blyth, Executive Director of Whistler Adaptive to add her thoughts on the progress made towards achieving accessibility in Canada, with a focus on how the Invictus Games Vancouver Whistler 2025 can look to leave a lasting and enduring legacy across its venues.

THE IGF CONVERSATION



Translation Services



Thanks to support from the True Patriot Love Foundation, this iteration of the IGF Conversation is available with live translation services through Interprefy.

Interprefy offers remote simultaneous interpretation, AI speech translation and live multilingual captions so live events are accessible to all.

If you wish to follow the IGF Conversation through your native language please scan the QR code and follow the instructions below.



- 1. Scan the QR code to access the interpretation session.
- 2. Download the Interprefy application.
- 3. The QR code will take you to the interpretation, or you can enter the token manually.
- 4. Click on the headphones icon to select your preferred audio language.
- 5. Click on the CC icon to select your subtitle language.
- 6. Use headphones on your phone to follow the interpretation.
- 7. When the session is finished, click on the exit icon to close



A Note from Dominic Reid, OBE



A very warm welcome to the Invictus Games Foundation Conversation, and what a way to kick-off the Invictus Games Vancouver Whistler 2025.

It is remarkable that this series of once online webinars, started to stay connected during the pandemic by exchanging best practice on a range of subjects relevant to the Invictus Community, is now in its twelfth edition. This is the fourth in-person event, and it seems there are many more in the pipeline to come.

This IGF Conversation is entitled Embracing the Environment, as we embark on the first Winter-hybrid Games and just before we travel up to Whistler in a few days, it could not be a more relevant theme. Not only is this a nod to the impressive line-up of panellists who will draw on their own exposure to the outdoor environment, but also to the Squamish, Musqueam, Lil'wat and Tsleil-Waututh people, on whose territories we are seated. These four First Nations have welcomed us warmly to their lands - both for this IGF Conversation, but for all the activities which will unfold over the duration of the Games.

I am delighted that broadcaster and television journalist Mi-Jung Lee is moderating this event. Her involvement and commitment already to the Invictus Games Vancouver Whistler 2025 makes her the perfect person to delve deeper into today's themes which are pertinent to our Invictus Community.

I am delighted to welcome Hari Budha Magar MBE, former British Gurkha, to share the extraordinary details of his feat to become the first double-above-the-knee amputee to summit Mount Everest. Hari is a true embodiment of the Invictus Spirit. His grit and determination post-injury to change his mindset, as well as the poignant lesson of not shying away from taking risks when needed, is something we will all be able to take away today. On the same panel, we welcome Professor Dave Collins, to share the scientific evidence behind Hari's lived experiences. Dave will touch on the theory that it is in fact one's trauma and how to harness its impacts, which will ultimately lead to success.

We are equally pleased to welcome the Canadian Deputy Minister for Veterans' Affairs, Paul Ledwell to the second panel along with his leadership team to offer the Canadian perspective on a variety of veterans' issues. I am eager to hear about the legacy of these Invictus Games and how Veterans Affairs Canada will play a part in this provision of support for veterans and their families, not just in Canada but internationally.

A Note from Dominic Reid, OBE



Another aspect of embracing the environment is the topic of Sustainability, which draws together the theme of accessibility. It has been fascinating to learn about the work of the Rick Hansen Foundation, in conjunction with the Invictus Games Vancouver Whistler 2025 Organising Committee, to ensure the venues of the Games have received Rick Hansen certification and will leave a lasting legacy in both Vancouver and Whistler for years to come. We are honoured to be joined by Rick himself, Paralympian and philanthropist, alongside Michelle Stilwell, Paralympian and politician to discuss the challenges they have experienced in various roles from athletes right through to activists. In addition, and reinforcing once again the Winter environment, Sian Blyth, Executive Director of Whistler Adaptive, will offer her thoughts on the progress made within Whistler Adaptive and the fantastic opportunities to bring Winter sport to our cohort.

The Invictus Games Foundation is grateful to its partners at Boeing, as well as American Airlines, Booz Allen Hamilton and Monster for enabling this IGF Conversation.

We extend our thanks to the Vancouver Convention Centre for hosting us here today, and the Organising Committee of these fantastic Invictus Games, who have facilitated this to happen.

So please take in your surroundings as we look out over the water, pull up a chair and enjoy the IGF Conversation!



Junie Lei

Dominic Reid OBE CEO Invictus Games Foundation

Boeing - Uplifting the Invictus Community



As lead partner of the Invictus Games Foundation, Boeing supports wounded, injured and sick servicemen and women around the world through the Foundation's 'Beyond The Games' programme, which provides extensive mental health and physical recovery resources and programmes 365 days a year.

Building on a longstanding commitment to the Invictus Community, Boeing serves as copresenting partner for the upcoming Invictus Games Vancouver Whistler 2025, following its previous sponsorship of the Invictus Games Sydney 2018, Invictus Games The Hague 2020 and Invictus Games Düsseldorf 2023.

"Current and former servicemen and women play a vital role in our communities and are an integral part of Boeing's identity. We are committed to empowering servicemembers and their families in their recovery journeys so they can achieve success in their next mission. We are honoured to continue our partnership with the Invictus Games Foundation to celebrate the unconquerable spirit of all the competitors and the families who support them." - Cheri Carter, Vice President of Boeing Global Engagement.

"The extended support of Boeing demonstrates the company's continued commitment to the well-being of our global community. Embedded across Boeing's workforce and leadership is a respect for the armed forces evidenced by their focus on recovery and employability. Boeing's particular connection to our work beyond the Games helps ensure our sport recovery opportunities are available year-round for all members of our community." - Dominic Reid OBE, Invictus Games Foundation.

As a leading global aerospace company, Boeing develops, manufactures and services commercial airplanes, defence products and space systems for customers in more than 150 countries. As a top U.S. exporter, the company leverages the talents of a global supplier base to advance economic opportunity, sustainability and community impact. Boeing is committed to innovating for the future, leading with sustainability, and cultivating a culture based on the company's core values of safety, quality and integrity.



A Note from Rob Owen, OBE



Welcome all to the IGF Conversation, as the new incoming CEO of the Invictus Games Foundation, I am delighted to be joining you all for this wonderful event that shines a light on some incredible people and important information within the Invictus Community.

I am joining the Invictus Games Foundation as they celebrate their 10-Year Anniversary of changing lives and saving lives, with it being my duty now to shepherd this organisation towards another 10 years of helping the international community of wounded, injured and sick service personnel and veterans to heal, recover and thrive through the power of sport and adventurous challenge.

The IGF Conversation has proven to be a wonderful forum to share best practice and create new connections and I am grateful to be joining at such a time to benefit from events such as this in person. I would like to offer my heartfelt thanks to the Squamish, Musqueam, Lil'wat and Tsleil-Waututh people on whose land these Invictus Games are taking place. These four First Nations have embraced the Invictus Community over the years in preparation for these Invictus Games, and I am excited for the Participating Nations to now experience the warmth and hospitality provided by the Host Nations.

This iteration of the IGF Conversation is focused on the topic of 'Embracing the Environment', a subject close to my heart, as I have climbed Mt Everest and Mt McKinley, reached both the North and South Poles, completed Marathon des Sables, the New York Marathon, the Devizes to Westminster kayak Race, and pulled a sledge three times around the London Marathon!

I know the enormous benefits of challenging yourself in new environments and I am so excited to be a part of this event at this historic Winter hybrid iteration of the Invictus Games. I look forward to making new connections here today and this week, getting to know you all in our shared mission of changing lives and saving lives through sport.



Rob Owen OBE Incoming CEO Invictus Games Foundation

IGF Conversation Programme



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1. Positive risk-taking and its impact on the body and mind: 1335-1405

- Hari Budha Magar MBE, is a Gurkha veteran who lost both his legs to an IED while serving in Afghanistan in 2010. Hari became the first ever double above the knee amputee to reach the summit of Mount Everest in 2018 and helped get Nepal officials to overturn the rule which banned people with disabilities from climbing Everest.
- Hari will discuss how sport and adventurous challenge changed his outlook on life after his injury, changing attitudes towards disability and the benefits of positive risk-taking in the context of winter sports.

IGF Conversation Programme



- Professor Dave Collins, Professor of Human Performance Science at The University of Edinburgh and Elite Performance at Dublin City University will discuss the academic literature relating to Hari's lived experience.
- Prof. Collins will touch on his theories of 'Why Talent needs Trauma' and attest to the idea that it is these traumas, and how an individual is subsequently able to overcome them, which are necessary for sporting success.

2. The Canadian Perspective, Priorities and the Vision for the Way Ahead: 1415-1445

 The second panel will be led by Deputy Minister of Veterans Affairs Canada, Paul Ledwell, who will be joined by Assistant Deputy Minister Steven Harris and Assistant Deputy Minister Amy Meunier to discuss the journey of caring for and supporting veterans and their families in Canada. This panel will delve into how positive risk taking is as important for decision-makers as it for the Veteran and military community and how the broader global Invictus Community can work together to achieve our common goals.

3. Paving the Way in Accessibility: 1445-1515

- The final Panel will look at exploring the theme of accessibility in sport, in support of the IGF's evolving Sustainability Framework.
- Rick Hansen, Canadian track and field Paralympian, activist, philanthropist who since has been working to prove the potential of people with disabilities and to inspire a more accessible world. He will touch on the particular importance of this iteration of the Invictus Games, in order leave a lasting legacy at venues which were once inaccessible. He will elaborate on his work with the Vancouver Whistler 2025 Organising Committee to ensure all venues of this Invictus Games are Rick Hansen Foundation certified, and the potential challenges which have emerged.
- Michelle Stilwell, politician and fellow Paralympian will also discuss the challenges they have experienced in various roles from athlete to activist.
- Sian Blyth, Executive Director of Whistler Adaptive will share her thoughts on the progress of accessibility in para-sport and tremendous work of Whistler Adaptive to foster a sense of community and independence in everything that they do.

We will finish the IGF Conversation with closing remarks from Tish Stropes, Vice President of Strategic Initiatives at the Fisher House Foundation, Dominic Reid OBE, CEO of the Invictus Games Foundation and Richard Smith CBE, Deputy CEO of the Invictus Games Foundation to reflect on the panel discussions of the day.

Research



Thanks to funding from the Forces in Mind Trust, the Invictus Games Foundation has completed a five-year research study titled:

Beyond the Finish Line: Examining Invictus Games

In May 2024, we launched the report of our longitudinal "Beyond the Finish Line" research project. The project, funded by Forces in Mind Trust, sought to examine the long-term outcomes of Invictus Games participation, as well as identify international best practices for military sport recovery programs.

Findings highlighted an Invictus "Games Effect" with competitors often demonstrating greater health and well-being outcomes compared to those who didn't participate in the Games. Additional findings included the importance of implementing resilience as part of sport-based rehabilitation, the value of implementing training transformational coaching techniques, and the need to broaden sports programmes to support non-competitors.

Supported by





The Invictus Games Categorisation System: A Framework for adapted sports

In November 2024, the Invictus Games Foundation published a scientific manuscript on the Invictus Games categorisation system. The paper, published in the European Journal of Adapted Physical Activity, presented the development of the categorisation system, the categorisation process, and training of categorisers. The manuscript highlighted the benefits of the Invictus Games categorisation system, particularly the inclusive nature of the system to promote sport participation among individuals with diverse illnesses and injuries.

Research



Rekindling the Power of Purpose; Voices from the Invictus Family

This report explores the healing effects of the Invictus Games The Hague 2020 (conducted in April 2022, published in 2023) on the participants and their families. It identified a similar healing effect of the Invictus Games on families as well as for competitors, reinforcing the Golden Formula which identified the key relationship between providing a set goal for the journey of rehabilitation, reinforced by a clear purpose in the recovery process; and underpinned by a sense of belonging to a tangible and inclusive community. The report further highlighted the importance of the family unit and also the key area for further investigation of the trans-generational impact of trauma on the family from grandparents, parents and partners to children and relatives all of whom may become carers in their own right.

This research was additionally carried through to the Invictus Games Düsseldorf 2023 and we are delighted that it will continue at the Invictus Games Vancouver Whistler 2025 to further highlight the impact of the Invictus Games on the family unit as a whole. The ongoing findings suggest that the Invictus Games act as a transformative experience for the families and particularly the children. They also underscore the need for targeted support mechanism that address the comprehensive needs of all family members involved in the recovery journey including early engagement with the families and before operational deployments; the provision of coherent health and wellness programmes; tailored activities for the youth; and detailed pre-Games preparatory programmes.

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"My son lives thanks to the Invictus Games. He rose above himself and somehow found the proud military man that he was, so long ago. The Invictus Games gave my son purpose again, and a community who accepted him as he is. As a mother, the Invictus Games gave my son his life back and me my son back. I am beyond grateful for the Invictus Games Foundation to reach out to us."

Friends and Family Participant at the Invictus Games





MI-JUNG LEE

Canadian Broadcaster and Presenter

Mi-Jung Lee is a Canadian television journalist and news anchor based in Vancouver with over 30 years experience reporting on events in British Columbia. Lee is currently the anchor of the weeknight 6pm newscast on CTV Vancouver and has made numerous appearance in high profile films.



LORD (CHARLES) ALLEN OF KENSINGTON CBE Chairman, Invictus Games Foundation

Charles' business career ranges from media to hospitality. He is especially known for his contribution to the television industry, having played a key role in the creation of ITV. Currently he is Chairman of Global Media & Entertainment Group and Balfour Beatty plc. He is also Advisory Chairman at Moelis & Company and a Trustee and Chair of The Invictus Games Foundation.

In 2002 he was awarded a CBE for his services to Sport and Community and in 2012 he was appointed a Knight Bachelor for his services to the 2012 Olympic and Paralympic Games. He was given the Freedom of the City of London in 2006. In 2013 Charles was given a peerage and sits on the Labour benches and a member of several Parliamentary Committees.



LINWOOD HAM Director of Military & Veteran Affairs, BoeingTsleil-Waututh

Prior to joining Boeing in November 2022, Mr. Ham worked at the Institute for Security Governance (ISG), where he led and guided Institutional Capacity Building (ICB) programs in the Indo-Pacific region. Mr. Ham also worked in the US Institute of Peace (USIP), where he led inter-organizational projects on addressing fragile states; understanding risks to US front line diplomats and development professionals; and UN peacekeeping reform.

Mr. Ham served over 24 years in the US Army, with more than 12 years of experience in developing, executing, and assessing national policy directives for the Western Hemisphere at the U.S. Department of Defense (DoD) and US Department of State (DOS). Mr. Ham received a Bachelor of Science in International Affairs from the U.S. Military Academy at West Point and a Master of Arts in Latin American Studies from the University of Texas at Austin. He was also a US Army War College Fellow at the Institute for the Study of Diplomacy at Georgetown University.





HARI BUDHA MAGAR MBE British Veteran & Mountaineer

Serving for 15 years in the British Army's legendary Gurkha regiment, Hari has transformed from injured veteran to record breaking mountaineer. Hari, originally from Nepal, served across five continents with the Royal Gurkha Rifles, and in 2010, lost his legs in Afghanistan after stepping on an improvised explosive device.

Following this life changing event, Hari made it his mission to inspire and change perceptions with regards to persons with disabilities (PWD) globally. And, on 19th May 2023, he realised this vision and became the first double above-knee amputee to summit Mount Everest. A feat, for which he has been awarded a Guinness World Record.

Outside of this monumental achievement, Hari seizes the opportunity to blaze new trails and set records for PWD, including: climbing other mountains (Ben Nevis, Mont Blanc, Kilimanjaro, Mount Toubkal, Chulu Far East and Mera Peak); kayaking around the Isle of Wight; completing multiple skydives; paragliding; bungee jumping; competing internationally as a para-skier and golfer; and becoming the first person to reach Everest base camp using prosthetic legs in 2022.



DAVE COLLINS PHD Professor, University of Edinburgh & Dublin City University, Director of Grey Matters Performance Ltd.

Dave Collins PhD is a Professor of Human Performance Science at Edinburgh and Elite Performance at Dublin City University and also serves as Director of Grey Matters Performance Ltd.

As an academic, Dave has over 450 peer review publications and 90 books/chapters. As a practitioner, he has worked with over 90 World or Olympic medallists plus professional teams and performers. Dave has coached to national level in three sports, is a 5th Dan Karate, Director of the Rugby Coaches Association, Fellow of the Society of Martial Arts, BASES and the ZSL, Associate Fellow of the BPS and an ex Royal Marine.





PAUL LEDWELL Deputy Minister of Veterans Affairs Canada

Paul Ledwell was appointed Deputy Minister of Veterans Affairs effective May 25, 2021. He brings extensive experience in government affairs, public policy and research, and organizational strategy, including extensive work with partners in government, private and voluntary sectors and the media.

Paul served as Clerk of Executive Council and Secretary to Cabinet in the Government of Prince Edward Island since June 2016 in addition to serving, from June 2015, as Deputy Minister, Policy and Priorities, leading policy development across government and with portfolio responsibilities for Intergovernmental and Public Affairs, Indigenous Relations and Acadian and Francophone Affairs. Before his appointment to provincial government, he served as Vice-President, Government Clients, with Morneau Shepell, Canada's leading provider of integrated human capital solutions.



STEVEN HARRIS Senior Assistant Deputy Minister, Service Delivery

As the Senior Assistant Deputy Minister of Service Delivery, Steven leads the branch of Veterans Affairs Canada that is responsible for providing direct service to Veterans, Canadian Armed Forces members, RCMP members, certain civilians and their families.

In partnership with Veterans, other federal government departments, stakeholder organizations, and with provinces and communities across the country, the Service Delivery branch focused on ensuring that services and benefits address the needs of the Veteran community and support successful outcomes in all areas of wellbeing, including employment or other meaningful activity, housing and physical environment, finances and social integration.



AMY MEUNIER Assistant Deputy Minister, Commemoration and Public Affairs

Appointed Assistant Deputy Minister in early 2022, Amy brings more than 20 years of government experience, with an established and diverse career in a variety of leadership roles and senior management positions across Veterans Affairs Canada. Her leadership experience ranges from business transformation, policy, communications, program management, and operations.

Before joining the Public Service, Amy served in a variety of roles to both the Minister of Environment and the Minister of Veterans Affairs, providing key support in relation to the passing of major policy initiatives such as the New Veterans Charter.





RICK HANSEN Founder, The Rick Hansen Foundation

Rick Hansen, C.C., O.B.C. is a Canadian icon who has dedicated his life to awakening the world to the potential of people with disabilities. He is best known as the "Man In Motion" for undertaking an epic 26month, 40,000 km journey around the world in his wheelchair. Rick is also a three-time world champion, nine-time Pan Am gold medalist, and six-time Paralympic medalist. He is the Founder of the Rick Hansen Foundation, an organization committed to creating an inclusive world where people with disabilities are living to their full potential.

For over three decades, Rick and his team have been focused on the removal of barriers. Currently, Rick and the Foundation are rethinking how people of all ages and abilities access spaces where we live, work, learn and play.



MICHELLE STILWELL

Politician and Six Time Paralympic Medallist

Michelle Stilwell served as MLA for the riding of Parksville-Qualicum from 2013-2020. She served as Minister of Social Development and Social Innovation, Government Caucus Chair, Parliamentary Secretary to the Minister of Health for Seniors, and was a member of the Cabinet Committee on a Secure Tomorrow as well as the Treasury Board and Deputy Chair of the Select Standing Committee on Children and Youth.

Michelle is a six-time Paralympic gold medallist in both basketball and track, nine-time World Champion, and the world record holder in the 100m, 200m and 800m events in the T52 class. She is an inductee to both the BC and Manitoba sports Hall of Fame. In 2012, Michelle was presented with the first key to the City of Parksville and was awarded the Queen Elizabeth II Diamond Jubilee Medal.



SIAN BLYTH

Executive Director, Whistler Adaptive Sports Program Society

Sian re-joins the Whistler Adaptive Sports Program Society after a decade of serving as the Executive Director of BC Wheelchair Basketball Society, and as the High-Performance Director of BC Adaptive Snowsports. Sian moved to Vancouver 25 years ago having started her working life as a neurological/neurosurgical nurse and later applying these skills to work with a UK adaptive sports charity. In 1998, upon visiting Whistler and seeing the potential for a year-round adaptive sports program, Sian presented a proposal to Whistler Blackcomb Resort for the creation of Whistler Adaptive Sports Program and soon brought on WAS' first employee.





TISH STROPES Vice President of Strategic Initiatives, Fisher House Foundation

Tish Stropes is the Vice President of Strategic Initiatives for Fisher House Foundation. Fisher House Foundation is best known for a network of comfort homes where military and veterans' families can stay at no cost while a loved one is receiving medical treatment. Tish is responsible for Fisher House's involvement and sponsorship of the Invictus Games. Additionally, she oversees the Hero Programs. These programs help keep families connected during the healing process. They include Hero Miles, which use donated frequent flyer miles to bring family members to the bedside of injured service members, and Hotels for Heroes, that redeems donated hotel points to allow family members to stay at hotels near medical centres when a Fisher House is not available. Finally, her portfolio includes developing and sustaining long-term partnerships with organisations.



DOMINIC REID OBE Chief Executive Officer, Invictus Games Foundation

Dominic Reid is the CEO of the Invictus Games Foundation having led its establishment and built the brand and the event, following the success of the inaugural Invictus Games London 2014 of which he was Event Director. He oversees the delivery of the Invictus Games and the nurturing of the Invictus Spirit and its global impact, including successful Invictus Games in London, Orlando, Toronto, Sydney, The Hague, Düsseldorf and Vancouver and Whistler.

Dominic is the Pageantmaster of the Lord Mayor's Show, which he has delivered for over thirty years. He has previously held the roles of London Film Commissioner, Executive Director of the Oxford & Cambridge Boat Race and Director of the 350th Anniversary Programme of the Royal Society. He is also Mentor with Mentore LLP.



RICHARD SMITH CBE Deputy Chief Executive Officer, Invictus Games Foundation

Richard served in the Army as a Brigadier having deployed to Iraq and Afghanistan. He coordinated the contribution of 18,000 military personnel to the security of the London 2012 Olympic and Paralympic Games, and assisted in planning the security for the inaugural Invictus Games in London 2014. On leaving the Army in December 2015 he was appointed Director of Operations at the Stamford Endowed Schools before joining the Invictus Games Foundation full time in January 2019 as Chief Operating Officer. Richard was appointed Deputy CEO of the IGF in 2024.

Sponsors





Lead Global Partner of the Invictus Games Foundation

Boeing has made a multi-year commitment to the Invictus Community as Presenting Partner of the Invictus Games Vancouver Whistler 2025 and now as Lead Global Partner of the Invictus Games Foundation to support wounded, injured and sick servicemen and women around the world. Boeing is a leading global aerospace company and is committed to helping the international service community.



American Airlines has a long history of honouring military service members aligned to its purpose to take care of people on life's journey. American is proud to partner with the Invictus Games Foundation to help support and enable wounded, injured and sick service personnel to participate in activities Beyond The Games.



With 110 years of innovation, Booz Allen Hamilton is a global technology company at the forefront of addressing complex civil, defence, and national security priorities. One third of its 34,000+ employees identify as military veterans, Guard or Reserve, spouses and parents. Booz Allen is proud to be one of the newest sponsors of the Invictus Games Foundation and The IGF Conversation.



Monster Energy is an energy drink brand with a long and proud history of supporting those who have served. Monster Energy first supported the Invictus Games and Invictus Games Foundation in 2022 when the Games came to The Hague. The partnership continues to this day, with wounded, injured and sick service personnel from around the world benefiting from their support.



BEYOND THE GAMES

JOIN WE ARE INVICTUS





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THE IGF CONVERSATION



EMBRACING THE ENVIRONMENT











The Invictus Games Foundation Conversation with thanks to American Airlines, Boeing, Booz Allen Hamilton and Monster for their support.



